



OCTOBER

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Special Announcements:

October 12 – School Holiday

Dutch Waffles or Cereal & Toast
Fruit Juice/Milk
Cinnamon Apples
Syrup or Jelly 5.

Ham, Egg & Cheese Croissant or Cereal & Toast
Fruit Juice/Milk
Oranges 6.

Pigs in a Blanket String Cheese or Cereal & Toast
Fruit Juice/Milk
Peaches 7.

Cinnamon Roll or Cereal & Toast
Fruit Juice/Milk
Banana 8.

Biscuit, Sausage Scrambled Eggs, Gravy or Cereal & Toast
Fruit Juice/Milk
Pineapple 9.

School Holiday 12.

Muffin/Yogurt Cooler Or Cereal & Toast
Fruit Juice/Milk
Applesauce
Jelly 13.

Oatmeal & Toast Or Cereal & Toast
Fruit Juice/Milk
Strawberry Cup 14.

Berry Parfait w/ Granola or Cereal & Toast
Fruit Juice/Milk
Banana 15.

Biscuit, Bacon Scrambled Eggs, Gravy Or Cereal & Toast
Fruit Juice/Milk
Mandarins 16.

Dutch Waffles or Cereal & Toast
Fruit Juice/Milk
Cinnamon Apples
Syrup or Jelly 19.

Breakfast Taco or Cereal & Toast
Fruit Juice/Milk
Oranges 20.

Pigs in a Blanket String Cheese or Cereal & Toast
Fruit Juice/Milk
Peaches 21.

Cinnamon Roll or Cereal & Toast
Fruit Juice/Milk
Banana 22.

Biscuit, Sausage Scrambled Eggs, Gravy Or Cereal & Toast
Fruit Juice/Milk
Pineapple 23.

French Toast or Cereal & Toast
Fruit Juice/Milk
Peaches, Syrup or Jelly 26.

Muffin/Yogurt Cooler Or Cereal & Toast
Fruit Juice/Milk
Applesauce
Jelly 27.

Oatmeal & Toast Or Cereal & Toast
Fruit Juice/Milk
Strawberry Cup 28.

Berry Parfait w/ Granola or Cereal & Toast
Fruit Juice/Milk
Banana 29.

Biscuit, Bacon Scrambled Eggs, Gravy Or Cereal & Toast
Fruit Juice/Milk
Mandarins 30.

- National School Lunch Week Oct. 12-16



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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